

AL-ANON MEETINGS TASMANIA

Bridgewater, Friday, 10.00am F2F

St Paul's Church Hall, 4 Paice St, Bridgewater.
Contact Sarah (03) 6268 0600 prior to attending .

Bellerive/Eastern Shore, Saturday, 7.30pm F2F

The O'Loughlan Room, Corpus Christi Church, 2 Alma Street, Bellerive. Contact Marilyn. (03) 6247 7806

Hobart City Thursday, 12.30 F2F

Wesley Church Hall (front meeting room), 58 Melville St.
(No wheelchair access)
Jill 0417 043 847, Kym 0422483 179

Hobart Sunday, 7.00pm Hybrid*

Scots Memorial Church (rear hall), 29 Bathurst St
Contact Teresa 0488 520 400, Jane 0404 974 069

Launceston Wednesday, 12.30pm F2F.

Parish Centre meeting room, Church of Apostles,
44 Margaret Street (behind presbytery)
Sue 0408 129 559.

Launceston Thursday, 5.30-6.30pm F2F

New location:

Family Church, 24a Forster Street, Invermay
Contacts: Gillian 0414 693922, Robyn 0423 559 880.

Burnie, Monday, 2.00pm F2F

Salvation Army, 99 Wilson Street, Burnie.
Contact: Dianne 0429 942 031.

ONLINE MEETING

Northern Tasmania, Saturday, 10.00am Zm.

ALATEEN MEETINGS MELBOURNE & COUNTRY

ALATEEN ONLINE MEETINGS via ZOOM

A place for teens affected by someone else's drinking. Please register your teenagers at alateen@alanon-vsa.com
Tuesday ,Nth N.S.W 5-6 p.m
Thursday, South Queensland, 7.00-8.00pm

ALATEEN MEETINGS FACE TO FACE

Contact alateen@alanon-vsa.com
There are currently no Face to Face Meetings in Victoria.

When our Information Service Office lists a group at its request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its doors open to any Al-Anon member. Listing in the directory does not constitute approval of any group's manner of practising the Al-Anon program. If the group you attend is not right for you, please try another. There is help available in Al-Anon.

Group details change frequently.

For latest information, check the website (to download this list) or contact your local office, alateen@alanon-vsa.com

NATIONAL HELPLINE: 1300 252 666

WEBSITE: www.al-anon.org.au

Al-Anon Family Groups Victorian Southern Area

Office address: Level 7, 51 Queen Street, Melbourne 3000

Postal address: GPO Box 5458, Melbourne 3001

Office hours: 10.30am–2.30pm Monday–Thursday

Office phone/fax: (03) 9629 8900

Helpline: 1300 252 666 10.30am–2.30pm Monday–Friday.

Recorded message with emergency numbers after hours.

Email: office@alanon-vsa.com

Al-Anon Family Groups Southern Tasmania District

Phone: 1300 252 666 0456 595 322.

Email : southerntasdistrct@gmail.com.

Al-Anon Family Groups Northern Tasmania District

Call 1300 AL-ANON (1300 252 666) when in Northern Tasmania or Anne 0419 486 335

Al-Anon Family Groups Northern Victoria Area

Postal address: PO BOX 81 Mooroopna VIC 3629

Phone: (03) 5825 1160

Australian General Service Office (AGSO)

Office address: Level 7, 51 Queen St, Melbourne 3000

AL-ANON FAMILY GROUPS

Victorian Southern Area including Tasmania

MEETING LIST updated December 2025

Al-Anon Family Groups is a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organisation or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership; Al-Anon is self-supporting through its own voluntary contributions. Al-Anon has but one purpose, to help families of alcoholics. We do this by practising the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

KEY: F2F = Face-to-Face MTG Zm = Zoom MTG Hyb = Hybrid Combines F2F and Zm Rec = In recess—no MTG at this time

***Wheelchair Access ^ No Wheelchair Access # Disabled Toilet Meetings listed as 'Adult Children' focus on the experience of adults brought up in an alcoholic home, but ALL members are welcome.**

AL-ANON MEETINGS MELBOURNE & SUBURBS

Ashburton Adult Children, Sunday, 6.00pm Zm

Boronia, Tuesday, 10.30am F2F Wesleyan Church, 36 Pine Cres.

Box Hill, Monday, 10.30am F2F * Friars Room, St Francis Xavier Church, Cnr Whitehorse Rd. and Dorking Rd. ***Enter from Dorking Rd***

Box Hill, Monday, 10.30am Zm

Brighton, Wednesday, 7.30pm F2F. * # Trinity House, 15 Black St. ***Broadmeadows, Friday, 11.00am F2F*** St Dominics Church (rear), 382 Camp Rd.

Brunswick Sunday 6-7.30 F2F, 5th Brunswick Scout Hall, 213A Weston St, Brunswick East. *Email* brunswickafg@gmail.com

Carlton North, Saturday, 10.30 am F2F* Carlton Library, Community Room, 1st Floor, 667 Rathdowne Street .

Chelsea, Tuesday, 7.30pm Hyb* # Room 1, Longbeach Place, 15 Chelsea Rd.

Cheltenham, Thursday, 1.00pm F2F ^ St Matthews Church (hall at back, next to police station), cnr Nepean Hwy & Park Rd.

Croydon Monday, 10.30am,-11.30 F2F, St John The Divine Anglican Church, Cnr Wicklow and Toorak Ave.

Croydon Friday, 7.00pm Zm

Dandenong, Tuesday, 8.00pm F2F

Baptist Church, James St. Dandenong.
Unit 3 (beside the church) Enter from Charles Street...

Dandenong North, Saturday, 2.00pm F2F ^ St Gerards Church, Community Centre (in car park), 71 Gladstone Rd.

Dandenong North, Saturday, 2.00pm Zm

Diamond Creek, Sunday, 2.00pm F2F * # Living & Learning Centre Nillumbik, 119 Cowin St, Diamond Creek .

Endeavour Hills, Monday, 10.30am F2F * # Andrews Centre, cnr Hanna Drive & Heatherton Rd

Essendon Wednesday, 7.30pm Zm

Essendon Saturday, 8:00pm, Hyb 1074 Mt Alexander Road (cnr Marco Polo Street)

Ferntree Gully, Friday, 10.30am F2F * # Uniting Church, cnr The Avenue & Wyuna St.

Ferntree Gully Saturday 8.00pm Zm

Fitzroy North LGBTIQA+ , Tuesday, F2F, 6:30pm, 75 Reid St, Fitzroy North

Frankston Tuesday, 1.00pm F2F * Orwill Community House, 16 Orwill Street, Frankston

Frankston Thursday, 7.30pm, F2F Frankston Uniting Church, 16 High St,

Frankston Thursday 7.30pm Zm frankstonthursday@gmail.com.

Gardiner Adult Children, Thursday, 1.00pm Zm

Glen Huntly, Tuesday, 7.30pm F2F * St Anthony's Primary School, 74 Grange Rd, (back of parish house next to school), Glenhuntly. * St Anthony's Primary School, 74 Grange Rd, back of parish house next to the school), Glenhuntly.

Parents Online Thursday, 7.00pm Zm

Glenroy, Tuesday, 7.00pm F2F * # Neighbourhood Learning Centre, 5B Cromwell St. Glenroy

Greensborough, Tuesday, 8.00pm F2F * # Tennis Pavilion, St Mary's Church, 204 Grimshaw St.

Hampton, Sunday, 9.30-11a.m Hyb * # Castlefield Community Centre, 505 Bluff Rd, near corner South Rd.

Steps 1st Wednesday of month).

As of Sun 27th July the meeting will move to the smaller back room as per pre/covid.

Hampton Friday –Three Legacies.-12.00pm Zoom

Heidelberg, Monday, 8.00pm F2F * # **Rosanna Baptist Church, 5 Wairoa Road, Heidelberg Heights.**

Laverton (Reaching for Personal Freedom), Wednesday 6.00 pm F2F

Laverton Community Education Centre, 12 Crown Street, Laverton.

McCrae, Thursday, 1pm F2F St Katherine's Anglican Church, 15 Bartels St., McCrae

Malvern East Adult Children, Monday, 7.30pm, F2F * # Ewing Memorial Church, 59 Burke Rd (enter via Coppin St)

Malvern East Adult Children, Monday, 7.30pm Zm

Melton South, Friday, 7.00pm F2F Melton South Community Centre, 41 Exford Rd.

Mernda, Sunday, 4.30pm Zm Contact Karly 0423 579 441.

Mitcham, Tuesday, 7.30 -8.30pm F2F * # 'Brown Room', Uniting Church,

559–561 Whitehorse Rd (cnr Doncaster East Rd.)

Moonee Ponds, Monday, 10.30am F2F * # Baptist Church, cnr Laura & Eglinton Sts.

Moonee Ponds, Thursday, 10.30am F2F * # Baptist Church, cnr Laura & Eglinton Sts

Moonee Ponds, Thursday, 10.30am Zm

Mooroolbark, Wednesday, 1.00pm F2F * # Uniting Church, 207- 219 Hull Rd, Mooroolbark.

Mornington, Saturday, 3.00pm F2F * # St Mark's Church, 50 Barkly Street (on roundabout corner)

Mornington Spiritual Concept, Sunday, 10.00am F2F Benton's Square Community Centre, 145 Bentsons Rd, Mornington

Northcote LGBTIQ, Wednesday, 6.30pm Zm

Oakleigh, Saturday, 8.00pm F2F * # Parish Office, Sacred Heart Church, 19-21 Johnson St.

Oakleigh, Saturday, 7.00pm Zm

Parents of Alcoholics see Parents Online Thursday 7.00pm Zm

Ringwood East, Wednesday, 7.00pm Zm (Steps 1st Wed. of month).

Sole Train Traditions & Concepts Study, Wednesday, 5.30pm, Zm

St Kilda, Friday, 8.00pm Zm

Springvale, Friday, 10.30am F2F ^ # Church of Christ (hall at rear), Buckingham Ave, cnr Windsor Ave (use car park entrance)

Surrey Hills, Monday 8.00 pm Church of Christ 1 The Avenue Surrey Hills.

Sunshine, Wednesday, 10.30am F2F Salvation Army, 42 Devonshire Road. (Temporarily closed until 7th Jan.)

Sydenham/DelaheyAFG, Wednesday, 1pm F2F * # Delahey

Community Centre ,70 Copperfield Drive,Delahey Vic.3037.

Woori Yallock, Wednesday, 7.30pm F2F * # Presbyterian Church, 1363 Healesville-Koo Wee Rup Rd.

COUNTRY VICTORIAN MEETINGS

Alexandra, Sunday, 5.30pm Phone Meeting Anna 0468359880.

Apollo Bay, Friday, 7.00pm Zm

Ballarat Mon.Night 6.30-7.30 (originally Thursday Night)

Room 4 ,York Street,

Church of Christ ,410 York Street ,Ballarat Sharon Ph 0409 999 385.

Bendigo-Eaglehawk Saturday. 5.30 pm

15 Brazier Street Eaglehawk.

Bendigo, Monday, 8.00pm F2F * # DOXA School, 118 Hargreaves St (enter 2nd door on right, please knock) Helen: 0438 318 978

Bendigo 'Gratitude', Wednesday, 12.00pm -1.30 F2F *

The Salvation Army Worship Centre 65-71 Mundy Street Bendigo

Enter by Gate 1 parking at the back Church, Heather 5448 4938, Elsie 0438 532 748.

Castlemaine, Sunday, 5.00pm F2F + phone, Girl Guides Hall, 2 Kennedy St, Castlemaine. Contacts 0409 307 189 or 0407 684 532

Castlemaine, Thursday, 7.00pm Hyb * # Guide Hall, 2 Kennedy St. (cnr Forest Rd) Short walk from station. David 0407 684 532

Geelong Newcomers, Monday, 7.00pm F2F St Alban's Anglican Church, 277 Church St, Hamlyn Heights.Zoom ID: 494087069 pw 121212 Roz 0416 101 766

Geelong/Newcomb 7.00pm Tuesday

Sts Paul and Barnabas Church Hall

Cnr Wilsons Road

Geelong 'The Steps We Take', Friday, 11.00am F2F #

Tyne Cottage, 163 Yarra St (between Little Myers & McKillop Sts)

Geelong Introductory Group Friday 12 noon-1.15 p.m weekly.

Zoom Meeting.

Geelong, Sunday, 5.00pm Zm

Hamilton, Thursday, 8.00pm F2F * # Uniting Church Hall, 113 Lonsdale St. Gwenda 0408 812 402, Louise 0400 632 279

Maffra, Saturday, 1.30pm F2F * Geoff Webster Centre, Thompson St. Contact: Lorraine 0407 550 594

Newborough, Tuesday, 8.00pm F2F ^ Uniting Church Hall, 316-322 Old Sale Rd. Contact: Beth (03) 5127 6413

Newborough, Wednesday, 1.00pm F2F ^ Uniting Church Hall, 316–322 Old Sale Rd. Contact: Beth (03) 5127 6413

Warrnambool 'Steps & Traditions', Monday, 6.30-8pm F2F * # St Joseph's Church Meeting Room, Raglan Pde (Princes Hwy), (entrance at rear, opposite KFC) Contacts: Sue (03) 5561 5739, Dianne 0458 496 104

Warrnambool, Wednesday, 12-1.30pm. F2F St Joseph's Church, Meeting Room, Raglan Parade (opposite K.F.C) entrance at rear. Diane 04058496104

Wonthaggi, Friday, 10.30am F2F

Mitchell House, 6 Murray Street

Karen 0409354038, Bernard 0409822036, Bernie 0412204813.

AL-ANON MEETINGS LISTED BY DAY (not Tasmania)

MONDAY

10.30am Endeavour Hills, Box Hill(F2F) Box Hill (Zm,)Croydon, Moonee Ponds.

6.30 Warrnambool ,Ballarat.

7.00pm Geelong Newcomers AFG.

7.30 Malvern East Adult Children(F2F).

7.30 Adult Children.(Zm.)

8.00pm Bendigo, Heidelberg,Surrey Hills.

TUESDAY

10.30am Boronia.

1.00pm Frankston Tuesday.

6.30pm Fitzroy north .LGBTIQA+ Zoom .

7.00pm ,Glenroy.Newcomb/Geelong.

7.30pm Chelsea, Glen Huntly,Mitcham.

8.00pm Dandenong Nth, Greensborough, Newborough,

WEDNESDAY

10.30 am Sunshine .

12.00pm Bendigo ,Warrnambool.

1.00pm Mooroolbark, Newborough ,Sydenham./Delahey.

5.30 Sole Train.

6.00 pm Laverton.

6.30 Northcote LGBTIQ+Zm.

7.00pm Ringwood East.

7.30pm Brighton, Essendon, Woori Yallock,

THURSDAY

10.30am Moonee Ponds F2F,Moonee Ponds (Zm.).

1.00pm Cheltenham, Gardiner Adult Children,(Zm) McCrae.

7.00pm Newcombe Geelong, Castlemaine.(Hybrid).

Parents Online.(Zm)

7.30pm Frankston,F2F.

Frankston Zm.

8.00pm Hamilton.

FRIDAY

10.30am Ferntree Gully, Springvale, Wonthaggi.

11.00am Broadmeadows, Geelong.

12.00 pm Hampton Three Legacies.(Zm) Geelong Intro.(Zm).

7.00pm Apollo Bay(Zm),Croydon,(Zm), Melton South.

8.00pm St.Kilda(Zm).

SATURDAY

10.30am Carlton Nth.

1.30pm Maffra.

2.00pm Dandenong North,(Zm) Dandenong Nth F2F.

3pm Mornington.

5.30 Bendigo.

7.00 Oakleigh (F2F).

8.00pm Ferntree Gully,(Zm) Oakleigh,(Zm),Essendon (Hyb).

SUNDAY

9.30am Hampton (Hyb).

10.00am Mornington Spiritual Concept.

2.00pm Diamond Creek.

4.30 Mernda (Zm).

5.00pm Geelong Sunday Night (Zm), Castlemaine (F2F +Phone.).

5.30pm Alexandra Phone Meeting.

6.00pm Ashburton Adult Children(Zm). Brunswick ,