



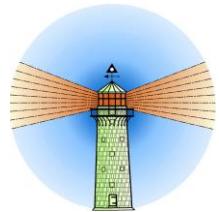
AL-ANON FAMILY GROUPS

## Northern New South Wales Area

for families and friends of alcoholics

# THE NORTHERN LIGHT

JUNE 2025 | Issue: 470 | Deadline for July 2025 news sheet content: 20<sup>th</sup> June 2025



## Northern NSW Area Assembly

**Registration forms and fees are due on 30<sup>th</sup> May 2025.**

**Please don't be that person wanting to register after the closing date...**

**Didn't receive the forms?** Email Michelle (Area Communications Coordinator): [alanonnorthernnsw@bigpond.com](mailto:alanonnorthernnsw@bigpond.com)



You can also start selling raffle tickets at \$2 each.

Prizes include CAL and Forum subscriptions!

Ticket stubs (including a name, Group name and ph. no.  
plus the cash to be brought to Assembly)



**Reminder that there WILL be literature available for sale at Assembly this year.**

**Payment can be made by cash, direct bank deposit or Visa / MasterCard credit / debit card.**



## From the Delegate – Service Positions Available

I am looking forward to sharing my experience at the Australian Service Conference with you all at Assembly. Here is a reminder of the service opportunities open to you:

**District Representative** – This role is available in the Hastings/Macleay; North Shore; Tablelands and Warringah Districts, to members who are, or have been, a GR. One way to try the role out is to come to Assembly as the Acting DR for your District – talk about it with the GRs. DRs attend the Area Service Committee Meetings. See [NAG-16](#)

Do you have basic layout skills and would enjoy a monthly opportunity to get creative? The role of **Area News Sheet Coordinator** may be right for you. The News Sheet Coordinator attends the Area Service Committee Meetings. See [NAG-12](#)

Would you find it interesting to make literature sales to Groups and individual members? The role of **Literature Coordinator** may be for you. The literature service is currently housed in Watanobbi (but could move.) There would be support and mentoring from the Treasurer, who set the service up. The Literature Coordinator attends the Area Service Committee Meetings

Do you love Alateen and want to contribute to Alateen recovery always being available? There are two jobs available:

- The **Alateen Coordinator** is a vital link of communication on matters relating to Alateen at all levels of Service and attends the Area Service Committee meetings. See [NAG-14](#)
- The **Area Alateen Process Person** (AAPP) is an administrative, record keeping role, and attends the Association Committee (therefore it is not open to a GR, DR or Delegate). See [NAG-9](#)
- The holder of both these positions needs to get a Working With Children check, which is free for volunteers

**Alternate Delegate** – If you have been a DR and would like to come back to service, this may be for you. There is no requirement to come to any Area meetings, but you can attend Assemblies for free. You will receive minutes etc. to keep you up to date and would only step in if the Delegate was unable to perform their role.

**Area Chairperson** – if you have experience of being on an Area Service Committee (or experience with chairing committees in any context) this could be the right form of service for you. See [NAG-6](#)

**Association member** – members of the Association cannot be a GR, DR, Delegate or member of AA. The Association meets twice a year on Zoom, plus one meeting at Assembly. Meetings usually last about one hour

## Coming to Assembly? Don't forget...

- ♥ Assembly 2025 Agenda, Assembly 2025 Reports, and last year's Assembly Minutes (2024)
- ♥ Al-Anon / Alateen Service Manual and Australian Service Handbook.  
*Want to pack light? Share with a friend or access a digital copy on your device.*
- ♥ Your 3-minute theme talk on the topic, *Practice These Principles in All Our Affairs* (GRs only)  
*Preferably typed, or better yet, emailed to [alanonnorthernnsw@bigpond.com](mailto:alanonnorthernnsw@bigpond.com)*
- ♥ Receipts and your bank details for travel reimbursements  
*e.g. two x petrol receipts - fill up at the very start of your journey and again when you arrive*
- ♥ Pre-sold raffle tickets and the correct corresponding money.  
*Each stub including a name, group and phone number.*
- ♥ Comfort items. *Warm clothes, ear plugs, your favourite mug, a cushion, hot water bottle and snacks (though some will be provided).*
- ♥ Items for the Bring and Buy Stall. *Pre-priced, no used clothing, and remember you are responsible to take home anything you brought that does not sell!*

## EVENTS!

AA80 Coffs Clarence Rally	Friends of Lois Day
<p><b>AA80 Coffs Clarence Rally</b> <b>with Al-Anon Participation</b> (Formerly the Banana Coast Rally)</p> <p><b>Saturday 23<sup>rd</sup> August 2025</b> at the Coffs Harbour Show Ground</p> <p><b>Al-Anon Program</b> <b>(Panorama Room)</b> <b>Theme: Carrying the Message</b></p> <p><b>9:00</b> Registration and a fellowship cuppa <b>9:30</b> ID Meeting: <i>Welcoming Newcomers</i> <b>10:45</b> Morning Tea <b>11:00</b> Meeting: <i>Practicing these Principles</i> <b>12:30</b> Lunch and Raffle Draw <b>1:30</b> Workshop: <i>Love's Expression</i> <b>2:00</b> Adult Children Meeting: <i>Expanding our Circle of Hope</i> <b>3:15</b> Afternoon Tea <b>3:30</b> Spiritual Concepts Meeting: <i>Spiritual Awakening</i> <b>4:30</b> Close</p> <p><b>Registration \$10 with lunch included</b> <b>Registered AA participants welcome free</b></p>	<p><b>Friends of Lois Day</b></p> <p><i>SAVE THE DATE</i></p>  <p><b>25</b></p> <p><b>October</b></p> <p><b>2025</b></p> <p><b>"Friends of Lois" DAY</b></p> <p>The HIVE Community Hall 150 Beaumont Street HAMILTON</p> <p><i>For information PH: 0401 441 534</i></p>
<p>Contact the Northern NSW Area: ★ Phone: 1300 252 666 (forwarded to volunteers) ★ Email: <a href="mailto:alanonnorthernnsw@bigpond.com">alanonnorthernnsw@bigpond.com</a></p>	<p>Contact AGSO: ★ Email: <a href="mailto:office@al-anon.org.au">office@al-anon.org.au</a></p>

Send anything newsworthy for inclusion in the next issue to [northernlightnnsw@gmail.com](mailto:northernlightnnsw@gmail.com)