

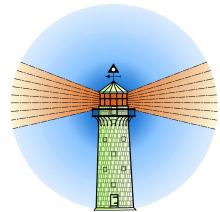
AL-ANON FAMILY GROUPS

Northern New South Wales Area

for families and friends of alcoholics

THE NORTHERN LIGHT

DEC 2025-JAN 2026 | Issue: 476 | Deadline for Feb '26 news sheet content: 20th January 2026



To the Reader

I asked for help twice in the same month to 1. tidy up my bedroom and 2. tidy up our Al-Anon Group's plastic storage containers and make some newcomer's packs. It's only taken me 10 months of the year, but not only did it help me, it also helped them.

If you need help this holiday season, don't wait. There are many members available for calls to 'reason things out'. You need only ask and it won't only help you, but them too!

Love in service

Area Newsheet Coordinator, Kirrily

PS. Stay safe over the holiday season, look after yourself and keep coming back in 2026!

Literature Orders

For pre-Christmas delivery order by

Friday 5th December

Al-Anon 2025 Spring Special \$24, new slogans bookmarks in packs of 10 for \$.70



Treasurer's Update

The Area Assembly 2026 fees will be \$250.

Also, the date of the Area Assembly in 2026 is one week later, 19-21 June 2026.

Christmas / New Year Changes & Closures

We have been advised of the following meeting closures over the holiday period.

Please note there may be other closures not listed here.

Ballina (Hybrid) Wednesday **open** 17th & 24th December (Christmas Eve) AND **location change to St John the Baptist Church, located on the corner of Byron and Fern streets in Lennox Head.**

Salamander Bay Wednesday **closed** from 17th December 2025-7th January 2026

Toukley Wednesday **closed** 24th-31st December

Castle Hill Thursday **closed** 25th December & **open** New Year's Day

Manly (Zoom) Thursday **closed** 25th December & **open** New Year's Day

Port Macquarie Thursday **closed** 25th December & **closed** New Year's Day

Tamworth Thursday **closed** 25th December & **closed** New Year's Day

Tweed Heads Thursday **closed** 25th December & **open** New Year's Day

Woy Woy Thursday **open** 25th December & **open** New Year's Day

Mayfield Friday **closed** 26th December (Boxing Day) 2025 & **open** on 2nd January 2026



“Friends of Lois” DAY

The winner of the Shoe Throwing Competition was Libby from Canberra! Lois W threw a shoe in anger at Bill W and said, “Damn your old meetings”, hence our competition at our special day. Thank you to all who attended and our very own Lois (Faye).



“It was a beautiful day, very powerful shares. The day ran smoothly, so much love, help and support, gorgeous people and of course yummy food. A smaller room made it much more intimate. About 48 attended and a couple of newcomers who brightened up the meeting with their newly found experience of gratitude, hope and laughter...” Anon



SAVE THE DATE

Newcastle & Districts AA Rally
with Al-Anon participation

27 Feb - 1 Mar 2026

Rathmines NSW – Western shores of Lake Macquarie
30mins from Newcastle | 1hr30mins from Sydney

The Newcastle & Districts AA Rally is a weekend of fellowship, recovery, and unity – a chance to share stories, hear inspiring speakers, and connect with the wider AA community.

Together, we celebrate the spirit of living **Happy, Joyous & Free**, surrounded by the peaceful beauty of Lake Macquarie.

REGISTER FOR UPDATES
AAnewyService@gmail.com

Helpers needed! We're looking for support with all aspects of the rally's organisation and weekend. If you can lend a hand, please email us at the address above.

Contact Therese for more information: 0401 441 534

Mayfield's Birthday 2026



AA National Convention with Al-Anon and Alateen Participation 2026



12 Steps Around the World Zoom-A-Thons Speakers from Around the World

Steps 1-6: Saturday, December 13, 2025, 7am-1pm PST

Sunday 14 December 2am – 8am Australian Eastern Daylight Savings Time

Steps 7-12: Sunday, December 14, 2025, 2pm-8pm PST

Monday 15 December 9am – 3pm Australian Eastern Daylight Savings Time

Zoom ID: 88161023785

Password: 12steps (no caps)

In support of the 50th Annual San Fernando Valley AA Convention with Al-Anon and Alateen Participation (Alateen pending).

Contact the Northern NSW Area:

★Phone: 1300 252 666 (forwarded to volunteers)

★Email: alanonnorthernnsw@bigpond.com

Contact AGSO:

★Email: office@al-anon.org.au

Al-Anon Australia's Website: www.al-anon.org.au

Send anything newsworthy for inclusion in the next issue to Kirrily : northernlightnnsw@gmail.com