

# Al-Anon Northern NSW Area

## Face-to-face Meetings

### Sydney (North Shore and Warringah Districts)

**Monday** 7:30-8:30 pm **Mosman** Mossman Village Church Hall (*upstairs, behind the church*), 144 Raglan St.

**Tuesday** 6:30-7:30 pm **Curl Curl - How Al-Anon Works** North Curl Curl Community Centre, Cnr of Abbott Rd and Griffin Rd.

**Tuesday** 7:45-9 pm **Eastwood** West Ryde Community Church Hall, 1038 Victoria Rd (*entry via Endeavour St.*) West Ryde

**Thursday** 8-9 pm **Castle Hill** Seventh Day Adventist Church, 88 Cecil Ave.

**Thursday** (*1<sup>st</sup> week of each month only*) 8-9:30 pm **Lindfield** Holy Family Church Basement, Cnr Highfield Rd. and Pacific Hwy (**HYBRID**)

**Friday** 1-2:30 pm **Narrabeen** Narrabeen Baptist Church, 13 Grenfell Avenue, North Narrabeen

**Saturday** (*1<sup>st</sup> & 3<sup>rd</sup> week of each month only*) 12:30-2 pm **Neutral Bay** St John's Uniting Church, 49 Yeo St. (**HYBRID**)

**Sunday** 5-6:30 pm **Hornsby at Wahroonga** Presbyterian Church, 14 Stuart St. (*Enter via Illoura Ave*)

### Central Coast

**Monday** 10:30-12 pm **Kincumber 'Awareness'** Uniting Church (*"The Cottage" behind the Church*), 152 Avoca Dr.

**Tuesday** 7:30-9 pm **Wyoming** Coast Bible Church, 301 Henry Parry Dr.

**Wednesday** 7-8:30 pm **Toukley 'Steps & Traditions'** St Lukes Anglican Church, 21-25 Hammond St.

**Thursday** 12:30-2 pm **Woy Woy** Holy Apostles Anglican Church Hall (*rear of church*), 147-149 Blackwall Rd.

**Saturday** 2-3:30 pm **Woy Woy** Woy Woy Public Hospital, Group therapy room, enter from Ocean Beach Rd.

**Saturday** 4:30-5:30 pm **Watanobbi** Watanobbi Community Centre, 1 Harrington Close

### Newcastle

**Monday** 6-7:30 pm **Raymond Terrace** St John's Anglican Church, 45 Sturgeon St.

**Tuesday** 10:30-12 pm **Morisset** 'Church in The Trees', 10 Stockton St. (**HYBRID**)

**Wed.** (*1<sup>st</sup> & 3<sup>rd</sup> week of each month only*) 11:30-1 pm **Salamander Bay** Uniting Church, 174 Salamander Way (**HYBRID**)

**Friday** 10-11:30 am **Mayfield** Church of Christ Building, 31 Gregson Ave.

**Saturday** 2-3 pm **Warners Bay** Lions Club Hall, 2 Sweet St. (*cnr King St.*)

### Mid North Coast (Hastings/Macleay District)

**Monday** 12:30-2 pm **Coffs Harbour** Presbyterian Church Hall, 187 Harbour Dr. (*Entry via Vernon St. opp. 1 Duke St.*)

**Monday** 2-3:30 pm **Macksville** Rear of Salvation Army Hall, 21 River St, entrance from Nambucca St.

**Monday** 6-7:30 pm **Kempsey** Parish Hall beside Catholic Church, 52 Marsh St. (*Beside church, cnr Kemp & Marsh St.*)

**Monday** 7:30-9 pm **Foster/Tuncurry** Salvation Army Hall, 7 South St. Tuncurry (**HYBRID**)

**Tuesday** 10:30-12 pm **Nambucca Heads** At rear and under Catholic Church, 6 Mann St. (*cnr Mann & Rosedale St.*)

**Wednesday** 11 am-12 pm **Gloucester** School of Arts, 46 Church St. (*cnr Church and Denison St. above the arts centre*)

**Thursday** 12:30-2 pm **Tuncurry** Uniting Church Hall, 6 South St. Tuncurry (*Entry via Bent St.*)

**Thursday** 5-6:30 pm **Port Macquarie** Salvation Army Meeting Room, 110 Lord St.

**Friday** 6-7:30 pm **Coffs Harbour** Salvation Army Church, 40 Mastracolas Rd.

**Saturday** 10-11 am **Woolgoolga** CWA Hall, 21 Beach St. (*next to Diggers RSL*)

**Phone:** 1300 ALANON (1300 252 666) **Email:** [alanonnorthernnsw@bigpond.com](mailto:alanonnorthernnsw@bigpond.com) **Website:** [www.al-anon.org.au](http://www.al-anon.org.au)

*Updated: 2 January 2026*

## Tablelands

**Monday** 6-7 pm **Armidale** Armidale District Baptist Church, 124 Jessie St. (*cnr Rusden St.*)

**Tuesday** 1-2:30 pm **Tamworth** Salvation Army - Morris Room, 328 Goonoo Goonoo Rd, South Tamworth

**Thursday** 7:15-8:30 **Tamworth** Tamworth Community Health Centre, Tamworth Hospital (*access via Dean St.*)

## Far North Coast

**Monday** 11-12:30 pm **Iluka** CWA Hall, 2 Charles St. (*behind Iluka Museum*)

**Tuesday** 12-1:30 pm **Grafton** Hall 2, Salvation Army, 91-93 Oliver St.

**Tuesday** 1-2:30 pm **Lismore/Goonellabah** The Studio, 14 Pleasant St. Goonellabah (*enter via car park next to cafe*) **(HYBRID)**

**Wednesday** 6:30-8 pm **Ballina** St Mary's Anglican Church, 24 Burnet St. **(HYBRID)**

**Thursday** 5-6 pm **Tweed Heads** St Cuthbert's Anglican Church Hall, 13 Powell St. (*cnr Florence St.*) **(HYBRID)**

**Thursday** 5-6 pm **Tweed Heads Alateen** St Cuthbert's Anglican Church Hall, 13 Powell St. (*cnr Florence St.*)

**Friday** (*1<sup>st</sup> and 3<sup>rd</sup> week of each month only*) 1-2:30 pm **Bangalow** Bangalow Uniting Church, 17 Station St.

**Sunday** 4-5 pm **Chinderah** Seventh Day Adventist Church, 83 Phillip St.

**Alateen** is for teenagers whose lives have been affected by someone else's drinking. There are meetings face-to-face and online. To find more online meetings, go to the Alateen page [www.al-anon.org.au/alateen](http://www.al-anon.org.au/alateen) or contact our Area Alateen Coordinator via [alanonnorthernnsw@bigpond.com](mailto:alanonnorthernnsw@bigpond.com).

## Online, Phone-in and Hybrid Meetings

**Monday** 7:30-9 pm **Foster** Zoom ID: 852 8851 3796, Password: xJ1mC5

**Tuesday** 10:30-12 pm **Morisset** Zoom ID: 7122 420 634, Password: Serenity (with a capital 's')

**Tuesday** 12:30-2 pm **Central Coast 'Reaching for Personal Freedom'** Zoom ID: 921 8822 6633, Password: Prayer

**Tuesday** 1-2:30 pm **Lismore/Goonellabah** Zoom ID: 252 666 0000, No password

**Tuesday** 5:30-6:30 pm **Alateen** Contact Area Alateen Coordinator via [alanonnorthernnsw@bigpond.com](mailto:alanonnorthernnsw@bigpond.com)

**Tuesday** 7:30-8:30 pm **Curl Curl** Zoom ID: 831 3941 6829, Password: 111111

**Wednesday** 10:30-12 pm **Central Coast 'Paths to Recovery'** Zoom ID: 998 1108 0793, Passcode: Recovery

**Wednesday** 11:30-1 pm **Salamander Bay** Zoom ID: 8266 576 8631, Passcode: 505 974

**Wednesday** 6:30-8 pm **Ballina** Zoom ID: 252 666 0000, No password

**Wednesday** 8-9:30 pm **Wahroonga** Zoom ID: 894 6745 2268, Password: 830927

**Thursday** 5-6 pm **Tweed Heads Al-Anon** Phone: 02 4022 9113, code 5771881#

**Thursday** 6-7 pm **Warringah Men's Group** Zoom ID: 820 8618 0711, Passcode: 007

**Thursday** 7:30-8:30 pm **Manly** Zoom ID: 851 2610 8246, Password: Serenity

**Thursday** 8-9:30 pm **Lindfield** Zoom ID: 861 2071 0193, Password: Alanon (or 402391)

**Saturday** 12:30-2 pm **Neutral Bay** Zoom ID: 871 7443 9392, Password: 1234

**Sunday** 10-11 am **Brookvale** Zoom ID: 845 9484 1329, Password: 121212

**Sunday** 5-6:30 pm **Woy Woy 'Adult Children'** Zoom ID: 967 3202 4820, Password: CCafgsun

**Sunday** 7-8 pm **Harrington** Zoom ID: 849 9968 0279, Password: 140102