

Al-Anon Monaro District Meetings

updated 3 September 2025

For more information about Al-Anon or these meetings, ph 0410 037 881 or email monaro.alanon@gmail.com
Literature available from Monaro District office, Griffin Centre (Level 1, Rm 11), 20 Genge St, Canberra City –
open Mondays 12–2 PM (not on public holidays or ACT school holidays) OR by appt 0404 476 917

*The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their
experience, strength and hope in order to solve their common problems*
www.al-anon.org.au or national phone number 1300 252 666

MONDAY	10.30–11.30 AM	Forrest	Hybrid: face-to-face and FCC <i>see FCC details below</i> St Andrews Church Hall, State Circle, Forrest ACT <i>On ACT public holidays, there is no face-to-face meeting, FCC only</i>
	7.30–9.00 PM	Kingston (Adult Children)	FCC only: <i>see FCC details below</i>
TUESDAY	7.00–8.15 PM	Northside Beginners	Hybrid: face-to-face and FCC <i>see FCC details below</i> Dickson Library Community Room, access via back entrance across from Dickson Walk-in Medical Centre (<i>Press black bell on black wall, on the right, at head height</i>)
WEDNESDAY	7.30–8.30 AM	Just for Today	Zoom meeting: <i>see details below</i>
THURSDAY	12.30–1.45 PM	A Little Time for Myself	Hybrid: face-to-face and FCC <i>see FCC details below</i> Belconnen Churches Centre, Level 2, 54 Benjamin Way, Belconnen ACT
	5.00–6.00 PM	Thursday Literature Study	Zoom meeting: <i>see details below</i>
FRIDAY	12.00–1.00 PM	How It Works	Face-to-face meeting Al-Anon Office, Level 1, Room 11, Griffin Centre, Genge St, Canberra [Civic] ACT
SATURDAY	8.00–9.15 AM	Braddon Slogans	Face-to-face meeting Kitchen, Salvation Army Hall, corner of Fawkner and Elouera Streets, Braddon ACT <i>This group welcomes registered service animals only</i>
	3.00–4.00 PM	Lyons	Hybrid: face-to-face and FCC <i>see FCC details below</i> St Alban's Anglican Church, 34 Chappell St (under Rectory), Lyons ACT
SUNDAY	9:00–10:15 AM	Hope for Today	Zoom meeting: <i>see details below</i>

Free Conference Call (FCC): Dial-in number: (07) 5660 6012 — Access code: 378675#

To join on a computer: go to freeconferencecall.com → on top bar → Online Meetings → Join Meeting → type in Meeting ID: monaroalanon *[to use on a device, download the Free Conference Call app and create an account]*

Zoom: Click on this link to open the meeting zoom.us/join — Zoom Meeting ID: 681 959 209,
Dial-in number: +61 2 8015 6011