

# HOPE HIGHWAY

MONTHLY NEWSLETTER FOR AL-ANON SOUTH AUSTRALIA



## IN THIS ISSUE

- Information and updates
- Urgent request for Office volunteers for 2026
- Events and Activities
- A Story of Service

## HELP AND HOPE

What a relief to put down the belief that we have the power to control or change anyone. In taking the first step, we open ourselves to new possibilities. Share your experience, strength and hope and where appropriate, the Al-Anon number 1300 252 666.

## NEW YEAR OPPORTUNITIES

A new year and new opportunities to get involved in service either in a role such as Office Coordinator or working in the office or as one member shares, being at the end of a phone call. Please contact Adelaide City Office for more information 08 8231 2959.

## THE LEGACIES - JANUARY

**Step 1** – We admitted we were powerless over alcohol – that our lives had become unmanageable.

**Tradition 1** – Our common welfare should come first; personal progress for the greatest number depends upon unity.

**Concept 1** – The ultimate responsibility and authority for Al-Anon world services belongs to the Al-Anon Groups.



**Reminder to Outgoing Area Committee Members.** Would you please provide a final report to the SA Delegate summarizing activities for 2025, which will contribute to the SA delegate report to the AGSO conference for 2025. Please send your final reports to [delegatesaalanon@outlook.com](mailto:delegatesaalanon@outlook.com) by 15 January.



## Meeting Updates

Adelaide City office will re-open on Monday 5<sup>th</sup> January, when usual city meetings will resume.

Elizabeth meetings will not be held on the 8<sup>th</sup> January.

## Office Volunteers Urgently Needed for 2026

We recently lost several of our valued volunteers due to resignation, illness and death. Please consider volunteering in the office for a day a month or more. Volunteers are especially needed for Wednesdays and Thursdays. Duties are easy. Primarily to answer the phone and sell literature. Inservice and sponsoring will be provided. Please contact Renata: 0400 977 700 or [renatadalsanto01@gmail.com](mailto:renatadalsanto01@gmail.com).



## On The Other End Of The Line

### *A member shares their story of service*

Looking back, it's the best act of service I did in 2025. I can't remember quite how it came about, but earlier this year I was asked to take the Al-Anon after-hours phone for a week and I said yes. How hard could it be? Renata made the hand-over very easy, gave me a brief introduction and handed over the organized carry case.

A rewarding week followed, where I began by treating the phone a bit like a young child that I couldn't let out of my sight, and ended with a healthier relationship.

I was nervous at first, seeing my lack of experience in the program and hoping I could adequately answer everyone's questions. But it was so easy - I mostly had to listen.

Many people called on behalf of someone else, or to find out about meeting times and venues which were on a printed sheet in the case. One person asked how to help the alcoholic, to which I had no answer, but I *did* know how they could help themselves.

I couldn't answer every question, and I had to phone other people and get back, but it was enough. I sent out a few envelopes with information, and I recorded the outline of each call. I didn't cancel any engagements or change my routines; I just had a new bag.

The experience was humbling, taking me back to that time when I would have done *anything* to stop my worry and the pain of my loved one. I felt, again, the breadth of damage from this disease, both geographically and in the personal details and nearly half of the callers were like me - people who had heard of Al-Anon or gone to it years ago and were just now ready to take another step.

I kept thinking that there are so many *good* people in the world.

I'm not sure how many perform this service, but the number **is** small and everyone needs some time that is just their own. I ask you to consider doing just one week in the whole year with the after-hours phone next year and continue what you do in meetings - listen, learn, share your experience, strength and hope.

Karen (Semaphore Serenity)

## HANDY LINKS

**Austra-Link** is Al-Anon Australia's monthly newsletter. To receive a digital subscription, click here: [office@al-anon.org.au](mailto:office@al-anon.org.au)

**Hope Highway** is Al-Anon SA's monthly newsletter. To subscribe or make a submission (by 25<sup>th</sup> of each month) please click here: [newslettersaalanon@outlook.com](mailto:newslettersaalanon@outlook.com)

**AA in South Australia** hold regular events, many with Al-Anon and Alateen participation. For information click here: [AA Events](#).

# SAVE THE DATE

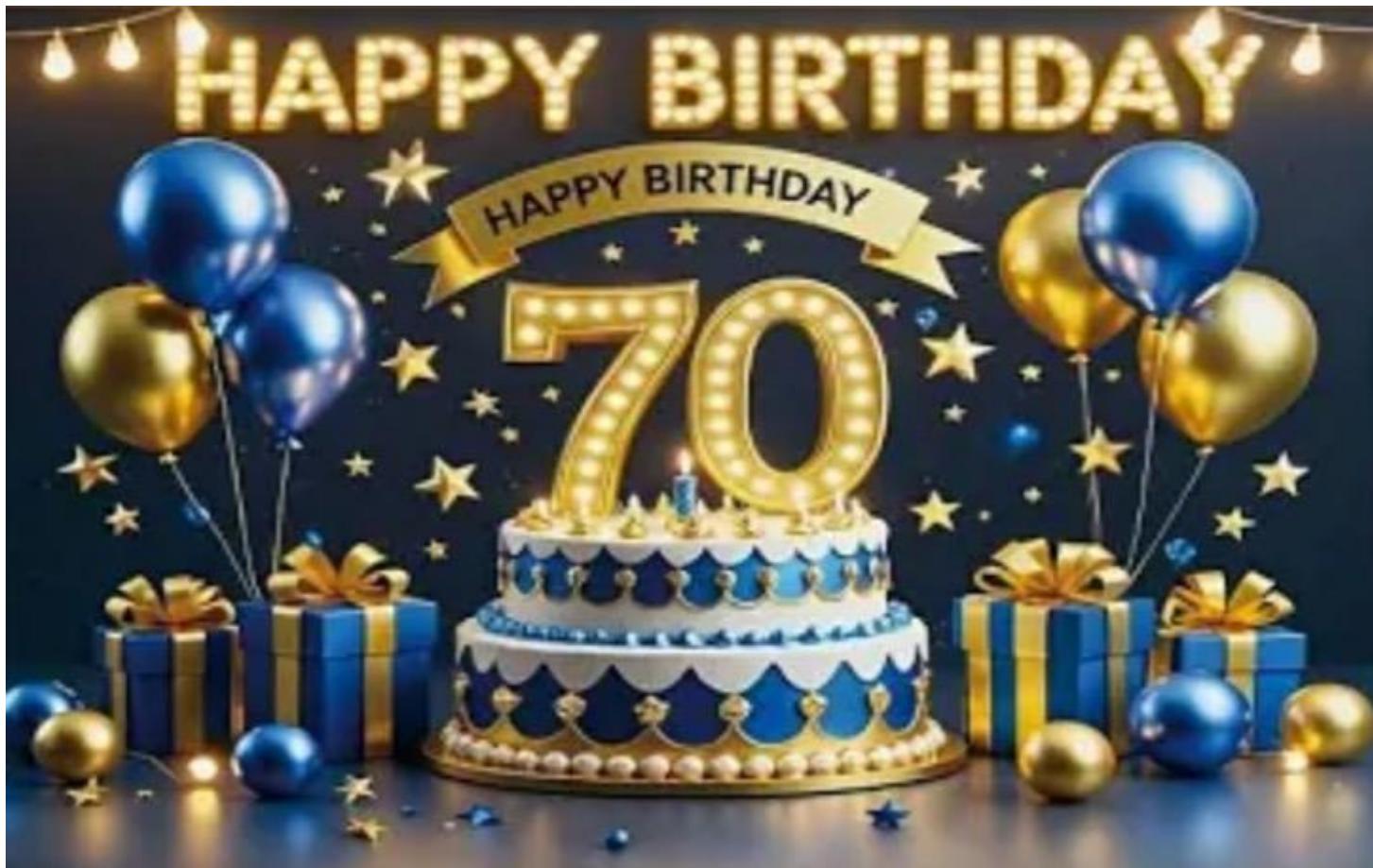
## Sunday 15th February 2026

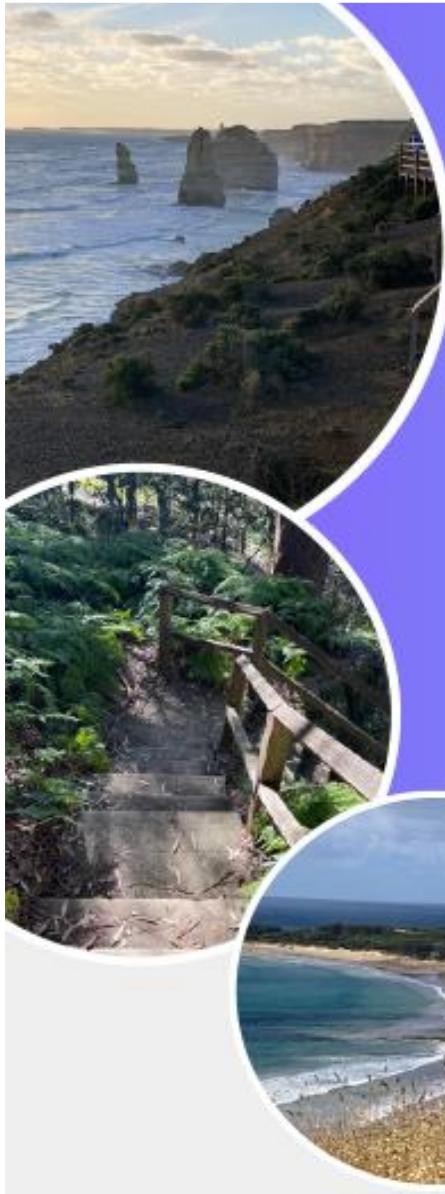
Share in the fun celebrating  
**SA Al-Anon's 70th Anniversary**

Please save date for a shared lunch commencing 11am  
Confirmation and further details in January.

**ALL WELCOME**

**To be held at SA Al-Anon Office**  
2nd Floor Stafford House, 25 Leigh St, Adelaide





# Journey through the Steps

AL-ANON WEEKEND

24-26 APRIL 2026

ARALUEN LUTHERAN CAMP  
24 McDougall Road  
ANGLESEA VIC 3230

**A WEEKEND OF FELLOWSHIP  
& RECOVERY THROUGH  
THE 12 STEPS**

**TO SECURE YOUR PLACE**

Please pay \$100 deposit or \$270  
and include your full name  
ALANON STEPS WE  
BSB: 084-801  
Account: 27-055-1443

**TO REGISTER**

<https://book.venue.life/araluen/register/0939-aswe2026>  
Passcode: aswe2026

Cost \$270 including  
accommodation and all meals  
BYO Linen (not supplied)

alanonstepsWE@proton.me  
Mandy 0434 404 446  
Kat W 0427 603 422



# AA NATIONAL CONVENTION 2026

1-4 MAY  
GOLD COAST AUSTRALIA

*Steps to Recovery*

Join us for the **60th Australian National Convention**  
of Alcoholics Anonymous

with Al-Anon & Alateen participation

JW Marriott Hotel **Gold Coast** Queensland Australia

**Friday 1 May – Monday 4 May 2026**

## — TO REGISTER —

Scan QR code  
for more  
information  
to register



Limited discounted  
Marriott rooms  
Booking link  
at registration

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