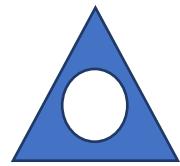


# Group News



## DECEMBER 2025

Edition No. 615

Al-Anon Family Groups - VICTORIAN SOUTHERN AREA NEWSLETTER

GPO Box 5458, Melbourne VIC 3001 ~ Level 7, 51 Queen Street, Melbourne

Office Open Hours: Monday to Thursday 10:30am–2:30pm

Office phone: (03) 9629 8900 Helpline phone: 1300 252 666

Office Email: office@alanon-vsa.com

Al-Anon Family Groups Victorian Southern Area Inc. is a Child Safe Organisation

~~~ Welcome to the December Group News ~~~



### SERVICE POSITION AVAILABLE

The Victorian Southern Area Service Committee is in need of a Chairperson.

If you would like more information or to volunteer, please email:

[areasecretary@alanon-vsa.com](mailto:areasecretary@alanon-vsa.com) or [delegate@alanon-vsa.com](mailto:delegate@alanon-vsa.com)

### SERVICE MEMBERS' REPORTS

#### GROUP NEWS

Dear fellow Al-Anon members, I wanted to say thank you to all of you for your support and encouragement in my service position throughout 2025. It has been a wonderful year of growth for me. I am grateful for all of you. Wishing everyone a beautiful and peaceful Christmas season and a restful summer break. Remember to practice the principles of the program to preserve your sanity and serenity. Help and support is only a meeting away.

The next Group News will be in February 2026. Don't forget to check for any changes and updates in the Group News and on the Website. The Literature Spring Special Bundle will end on December 31<sup>st</sup>. Looking forward to more fellowship and recovery in the New Year.

**The deadline for the February Group News is 23<sup>rd</sup> January 2026.**

Please email your submissions to: [groupnews@alanon-vsa.com](mailto:groupnews@alanon-vsa.com).

Love in Service, Sandra R.

#### DELEGATE

Hi Al-Anon Members, it has been a busy and eventful year. Our Service committee has been getting to know each other and working hard to ensure we are listening and communicating with you the Members of our wonderful Fellowship. I'm grateful to Rosemary and Lois for their guidance and patience. Also, my Home Group Geelong /Newcomb. We are never alone in Al-Anon!

Unfortunately, Gerrie, our Area Chairperson, had to resign for personal reasons. We are looking for another member to fill the Chairperson position.

The November Assembly was fantastic. It was wonderful that so many members attended on the day in person and on-line. The meeting went smoothly and all decisions were made by discussion and unanimity. Tami, our Literature Coordinator and job share VSA Office Secretary, filled the Chairperson position for the day. We are most grateful she stepped in and did a fabulous job!

The minutes of the November Assembly have been sent to all Groups. I hope GRs will share the information in these minutes with their Groups over the next few weeks.

Christmas and summer holidays are often a difficult time for the families of alcoholics. I myself remember when those times were extremely difficult. But since I found Al-Anon and by participating in Al-Anon meetings, practicing the tools of the program in my home and participating in Al-Anon service, I have found my Christmas and holidays and life in general have become happier and more serene.

It is a time of opportunity to put Public Information/Posters in your community and maybe a person affected by another person's drinking will call the Al-Anon HELPLINE and find the tools and serenity we find in Al-Anon.

I hope you all have a serene, happy and fun-filled Christmas!

May the peace of the program grow in you One Day at a Time.

Nerise D. VSA Delegate

### **TREASURER**

In this final month of the year, I feel so grateful to all of you for your support in 2025. Our Office staff, all my colleagues in service, and all of you who have generously donated and purchased literature, have helped me to maintain hope in the program and inspiration in my role.

It is great to be able to report a surplus in my final report for the year. Our income exceeded our expenses by \$4,391 in October.

I look forward to reporting back to you all in 2026.

Love in Al-Anon, Laurian, VSA Treasurer

| INCOME              | OCT 2025       | EXPENSES              | OCT 2025       | BANK ACCOUNTS             | OCT 2025        |
|---------------------|----------------|-----------------------|----------------|---------------------------|-----------------|
| Donations           | \$6,696        | Bank Fees             | \$7            | CBA Operating Acc.**      | \$21,334        |
| Literature (net)*   | \$2,399        | Postage               | \$90           | Business Transaction Acc. | \$550           |
| Interest            | < \$0.50       | Photocopier           | \$92           |                           | \$21,884        |
| Assembly            | \$240          | Rent                  | \$1,326        | <b>RESERVE FUNDS</b>      |                 |
|                     |                | Office Sundries       | \$26           | CBA Capital Growth Acc.   | \$126           |
|                     |                | Telephone/Internet    | \$127          |                           |                 |
|                     |                | Workcover             | \$672          | CBA Term Deposit One      | \$10,000        |
|                     |                | Bookkeeping           | \$38           |                           |                 |
|                     |                | Superannuation        | \$275          | CBA Term Deposit Two      | \$10,000        |
|                     |                | Wages                 | \$2,291        |                           | \$20,126        |
| <b>Total Income</b> | <b>\$9,335</b> | <b>Total Expenses</b> | <b>\$4,944</b> | <b>TOTAL</b>              | <b>\$41,586</b> |

\* Literature Sales \$2,362 and postage from Sales \$37. No purchases. Net earnings **\$4,391**

\*\* Operating Account balance fluctuates daily

### **OFFICE SECRETARIES**

The VSA Helpline would love to have some new members. Thank you for your generosity in responding to calls for volunteers to answer the Helpline. We still have vacancies the third Wednesday (after hours only) and the first weekend of the month (Thursday afternoon-Monday morning). Please contact Anne S. [granneyanney@bigpond.com](mailto:granneyanney@bigpond.com) if you're interested and she will talk you through the process.

| Helpline November                 | 2024      | 2025      |
|-----------------------------------|-----------|-----------|
| Help Calls<br>(After Hours calls) | 30<br>(8) | 28<br>(5) |
| Office Calls                      | 8         | 6         |
| Email Enquiry                     | 2         | 0         |
| <b>TOTAL</b>                      | <b>40</b> | <b>34</b> |

### **Meeting Changes and Updates**

*Launceston Thursday* has changed their meeting start time 5.30-6.30pm.

*Mitcham Tuesday night* is now meeting 7.30-8.30pm (previously 7.00-8.00pm).

*Just a gentle reminder to please support our meetings as much as possible.*

### **CHRISTMAS UPDATES**

*Meetings OPEN during the Christmas season:*

**Woori Yallock** opens at 6.30pm for Christmas Eve celebrations.

**Laverton** 6pm open Christmas Eve and New Years Eve.

**Frankston Thursday** 7.30pm (face to face and Zoom) open Christmas Day and New Years Day.

*The following meetings will be CLOSED over the holiday period:*

**Ringwood East** Wednesday 7pm Zoom closed Christmas Eve and New Years Eve.

**Sydenham/Delahey** is closed on the 24<sup>th</sup> and 31<sup>st</sup> December and 7<sup>th</sup> January. They will reopen on Wednesday 14<sup>th</sup> January at 1pm.

**Moonee Ponds** Thursday 10.30am will be closed on Christmas Day.

**Cheltenham** 1pm closed Christmas day.

### **Literature Payments and Donations**

Literature order payments and donations to the Victorian Southern Area can be made by direct deposit into the VSA account with the Commonwealth Bank using the following details:

**Account name:** Al-Anon **BSB:** 063 001 **Account number:** 0090 3408.

Please include sufficient information in the transaction description to identify your payment:

**Name:** an abbreviation of your personal or group name PLUS one of the following codes:

**Literature:** LIT **Donations:** DON

It is also helpful if you can inform the office that the payment has been made.

Please don't forget to add an amount for postage of literature orders (normally \$13.50).

If paying by cheque, please make the cheque out to **Al-Anon** and post to GPO Box 5458, Melbourne 3001.

### **Anniversaries, Fundraisers and other Events**

When your group or district is planning an event, please avoid choosing a date that conflicts with other Al-Anon events by first consulting the Group News 'What's On' listings, and then by contacting the office to confirm that other, yet to be publicized events, have not been planned for that day.

*Thank you to all of you lovely members who share your experience, strength and hope and your inspiring service. It is much appreciated. We hope you all have a Serene and Joyous Christmas.*

*Remember if you are struggling that we are always here.*

Love in Service, Tami and Christine.

### **PUBLIC INFORMATION**

**Aviv Health, Mount Eliza** has invited a small group of Al-Anon members to inspect their rehab. facility on Tues. 9th Dec. at 3pm with a view to having members as guest speakers at their family groups.

**FIND Maroondah community newspaper** showcased Al-Anon in its November issue:  
[https://issuu.com/findmarketing/docs/find\\_maroondah\\_-\\_november\\_2025](https://issuu.com/findmarketing/docs/find_maroondah_-_november_2025)

**SAFE STEPS** Family Violence Response Centre offers 24/7 support to people experiencing family and domestic violence. Two emails have been sent to them with links to our literature and an offer to deliver a free online information session to Staff to understand the effects of alcoholism.

Al-Anon members are needed to be interviewed "live" at 3CR's studio in 21 Smith Street, Fitzroy studio or via pre-record on Zoom for **3CR's "Living Free" radio program**. Please contact host Ann Stanley on [annstanley.wes@gmail.com](mailto:annstanley.wes@gmail.com) if you wish to participate in this valuable service.

A recent ABC news presentation mentions Al-Anon at: *abc.net.au >Lifestyle >Mental Wellbeing >What loving someone with an addiction or dependence can look like.*

Members wishing to distribute PI to police stations please note that the best person to see is the Community Liaison Officer often appointed there.

**The current AGSO-approved PI items for display** in communities is Alateen poster V-13s (small) and V-13L (large) priced at \$1.30 and \$1.45 respectively. (VSA Office advises that at the moment the small size is out of stock).

I have loved serving in this position for the past few months in helping to spread the Al-Anon message of hope. It is such a privilege to be able to give back what Al-Anon has so abundantly given me, and continues to give me, in my recovery from the family disease of alcoholism. Thank You to members who support PI and please keep me updated on what PI material you distribute and display in your communities.

Wishing Everybody a safe and serene Christmas and New Year.

Love in Service, Brenda V. [pi@alanon-vsa.com](mailto:pi@alanon-vsa.com)

## DISTRICT REPORTS

### DISTRICT 1

District 1 has 6 Groups which have continued to have consistent attendance throughout the year. Most Groups have all Office Bearer Positions currently occupied. Four of the Groups have Group Reps which attend our District meeting held every second Month. They are: Chelsea, Frankston Tuesday, Frankston Thursday and Mornington Spiritual Concept Meeting, Sunday. No reports are received from McCrae and Mornington, Saturday. Our last District meeting was held 20<sup>th</sup> October and the Minutes are distributed to the 6 groups in the district ensuring that they are all kept well informed and the links of service are adhered to. All 6 groups are fully self-supporting and regular donations are sent into Area and AGSO. We have welcomed Newcomers throughout the year that continue to attend, including returning members from previous years. Our next District meeting will be on the 15<sup>th</sup> December, 2025.

#### **Anniversaries:**

The *Mornington Spiritual Concept Meeting* celebrated their 17<sup>th</sup> Anniversary on the 16<sup>th</sup> November, followed by lunch and fellowship. We were delighted to see such a large number of members that attended, approximately 40, sharing on the theme: "Healing within our Alcoholic Relationships". The guest speaker from AA was well received and walked away feeling grateful for the opportunity to listen and learn from members sharing on the day. Total raised on the day was \$517.

*Frankston Thursday* will be celebrating their 62<sup>nd</sup> Anniversary meeting followed by supper and fellowship on Thursday 18<sup>th</sup> December, 7.30pm at the 'Blue Room', Uniting Church, 16 High Street, Frankston. The theme will be "Spiritual Joy". Members attending are asked to please bring a plate of food to share. Please see Flyer attached in this issue of Group News.

I have enjoyed my service role as DR this year since stepping up from Group Rep. Putting on my training wheels at the start of the year, I found myself easing into the role with ease and growing confidence, as there is always support and guidance provided along the way. Service is the gift HP delivers me as I learn that in giving, I receive so much more in my recovery. Seeing the benefits I am gaining, I would definitely recommend it to anyone that may be contemplating doing service.

Love in Service, Poppy T. DR

### DISTRICT 3

We currently have seven registered groups, five meetings in person and two meetings online. At our most recent District Meeting, held 15<sup>th</sup> November, the district discussed the importance of every group electing a Group Representative (GR). With only three of seven groups currently represented, the district emphasised that having a GR ensures strong communication links, continuity of service, and timely access to information, updates, and resources as they become available.

We were pleased to hear a positive update from one of our online groups, who reported the benefit of the Zoom training session offered after the June Assembly. Many of us learned at the Assembly about online trolling impacting various groups, and the Zoom workshop provided guidance on online

etiquette and security tools to assist groups in conducting safe and stable online meetings. District 3 is extremely grateful for this training, and our online groups now feel more supported, empowered, and confident maintaining the safety of their meetings.

The district also spent time reviewing the GX-6 pamphlet: Dealing with Unacceptable Behaviour in a Group. Together, we discussed what may be considered unacceptable behaviour, and how to address such concerns using Al-Anon literature, the Twelve Traditions and Twelve Steps, and the principles of unity and respect. We reflected on the importance of listening to one another and reasoning things out, and keeping the well-being of the group as a whole at the forefront when conflict arises.

From a personal standpoint as District Representative, I would like to express my gratitude for the opportunity to serve. This year has been both challenging and transformative, and has certainly pushed me well outside my comfort zone. However, as many of us have discovered, growth rarely happens within the comfort zone. I am deeply grateful for the learning, the support of the district, and the chance to grow in service and in the Al-Anon program.

Love in Service, Amanda A.

#### **DISTRICT 6**

Our groups are all going well. Our last District meeting was via Zoom on 27<sup>th</sup> October and the next is 8<sup>th</sup> December. The Sydenham/Delahey meeting is hosting an event at their meeting on 26<sup>th</sup> November to which they have invited all group leaders and professionals running community groups using the neighbourhood in which they meet. Our annual Christmas dinner for the members of the groups in the District at Windy Hill Essendon will be held on 7<sup>th</sup> December at 6pm. Two members from the Sydenham/Delahey group also met with the Star Community Newspaper and we look forward to an article coming out soon. Thank you to all members of the VSA for welcoming me to my first year as District Representative and all group representatives for your dedication to service and sharing your experience, strength, hope and recovery journeys.

Annette L.

#### **DISTRICT 9**

We had our district meeting on 18<sup>th</sup> October with 6 GRs, our District Treasurer attending and also two members observing. We discussed some details of the upcoming Christmas Picnic on 30<sup>th</sup> November at Melba Park Lilydale, starting at 11am and it was decided to purchase PI literature to distribute in the district. Meetings are very welcoming and most of our service positions have been filled, which is very encouraging. Thank you everyone.

Our face-to-face groups continue to have new members attending and some are returning, which is lovely to see. Meeting numbers fluctuate between 10-14 and 6-10 members except for Woori Yallock that has an average of 4-6 members. All groups are well supported. Most of the groups have a Steps meeting once a month as well as Tradition meetings. Zoom meetings have low attendance at present, averaging 3-6 members. Donations were sent to AGSO and VSA.

Best wishes to everyone. May you have a blessed and safe Christmas and a peaceful New Year.

Love in Service, Conchita C. DR

#### **LATROBE VALLEY**

I hope all our members everywhere are keeping well. Our District meeting was on 15<sup>th</sup> November at Maffra. The Maffra meeting is still needing support. Newborough Wednesday are doing well.

Newborough Wednesday will be open on the 24<sup>th</sup> and 31<sup>st</sup> December. I am very grateful for this program and all members. I would like to wish all a peaceful Christmas and New Year.

Love in Al-Anon, Beth DR (*Our Groups are Maffra; Newborough x2*).

#### **NORTHERN TASMANIA**

We had our 65<sup>th</sup> Anniversary in Tasmania. It was a great day with 36 members in attendance from Hobart, Burnie, Devonport and Launceston *and* we had Lois from Melbourne as our guest speaker. We also had three Geelong members surprise us by attending. The food was great with so much variety, abundance and generosity plus we had flowers everywhere from members' gardens. Everyone spoke well and we enjoyed fellowship, sharing and the mingling afterwards went for over an hour. Everyone enjoyed the day and we look forward to our next opportunity to catch up.

Our Launceston groups on Wednesday and Thursday are growing with new members attending. Sharing has been on Recovery, Grief and Self-Care. We continue to sell books and our meetings are healthy and strong in membership and fellowship. Our rents are up to date and we have donated to VSA and AGSO.

Our Burnie meeting is well attended and going strong with new members and fellowship. Donations to AGSO and VSA have been made and rents are up to date.

Our online meeting is strong and healthy with topic sharing on Recovery and Strength in Recovery. Love in service, Annette W.

## ALATEEN INFORMATION

**A place just for teens affected by someone else's alcoholism. Please email the Alateen Coordinator to register your teens at: [alateen@alanon-vsa.com](mailto:alateen@alanon-vsa.com)**

### Weekly Zoom Meetings:

**Tuesday Northern NSW 5-6pm; Thursday South QLD 7-8pm**

**Alateen Literature and Alateen Newcomer packs are available from the office to purchase for your groups. Great idea to have on hand for those times that young people attend Al-Anon meetings with their parent/guardian.**

## SPECIAL NOTICES

### **Notice for Box Hill Al-Anon Group Monday 10.30am**

The Box Hill Al-Anon Group will be temporarily moving for approximately 3 months whilst renovations are taking place and the Friars room at St Francis Xavier will be unavailable for that time.

Our last meeting at St Francis Xavier will be on Monday, 19<sup>th</sup> January 2026 and returning on approximately 20<sup>th</sup> April 2026. *Please watch this space for any changes.*

#### **Temporary venue during renovations:**

St Clare Hall (behind St Clare Church), 138 Woodhouse Grove, Box Hill North.

(corner of Dorking Road - entry via Woodhouse Grove)

There is parking either within the grounds or on the street.

### **\*\* POSITION AVAILABLE \*\***

*Are you passionate about our fabulous CAL??? Maybe this is the role for you!*

We are looking for the next Literature Committee Chairperson to join the team at AGSO. Your role would include: Chairing the meeting and preparing a report for the monthly Literature Committee meetings (on Zoom); attending the bi-monthly AGSO Executive Committee meetings (also on Zoom) and reporting on Literature; attend the annual Australian Service Conference in May and report on Literature, and; help create a quarterly newsletter to all Area Literature Coordinators.

It would be very helpful if the member could occasionally visit the AGSO to better understand how the Literature Department functions. The member cannot also have a service role at the Area level nor also be a member of AA.

If this is something that appeals to you, please contact: [office@al-anon.org.au](mailto:office@al-anon.org.au) for further information.

### **60th National Convention of Alcoholics Anonymous with Al-Anon and Alateen Participation**

**Friday 1st to Monday 4th May 2026**

*Have you registered for the Convention yet? Are you planning on going?*

If you are planning on attending, please consider ticking the box to indicate that you are interested in volunteering. It is a great opportunity for service and fellowship.

Training in the various roles will be provided at a later date.

We'd love to see you on the Gold Coast! Beautiful one day, perfect the next!

*The Northern Tasmania District would like to extend a very warm welcome to the AA East Coast Rally (with Al-Anon/Alateen participation) on the weekend of 13th-15th March 2026 in the beautiful seaside village of St Helens on the East Coast of Tasmania. The East Coast Rally has been bringing the Tasmanian AA and Al-Anon fellowships together for over 17 years. The increasing number of members who ride, fly or sail into Tasmania from 'the mainland' has increased over the years with members extending their visit so as to capture the beauty, landscape and relaxed environment here on the Apple Isle.*

*The Al-Anon component of the Rally commences Friday afternoon with casual fellowship and a fun activity. There will be meetings throughout Saturday interrupted by lunch and an invitation to participate in the AA Open Public meeting late afternoon. A spiritual concept meeting on Sunday morning concludes the Al-Anon program. There is plenty of holiday accommodation in and near St Helens. Virgin and Jetstar fly into Launceston and it's approximately 2 hours drive from the airport to St Helens. The Spirit of Tasmania sails into Devonport and is approximately a 3 hour drive directly to St Helens. If you haven't yet been to Tasmania, it really is a delightful holiday destination...and the weather in March is mostly perfect with temperatures ranging from around 24-32 Celsius. So come on over...!*

*Note: See "What's On" in Group News or "Forthcoming Events" in Austra-Link for more details.  
Love in service, Annette W. DR. Northern TAS.*

### **Tasmanian AA East Coast Rally with Al-Anon & Alateen participation Friday 13<sup>th</sup> – Sunday 15<sup>th</sup> March 2026**



The Bungalow  
St.Helen's Neighbourhood House  
25 Circassian Street, St Helens, Tasmania  
**Registration \$30\***

\*Registration includes fellowship BBQ Saturday evening  
Accommodation suggestions: Pelican Point Sanctuary, Kellraine Beach Cottages,  
Panorama Hotel, Tidal Waters Resort, Big4 & Tasman Holiday Parks

Ballarat A.A.  
With Al-Anon Participation  
Presents our



**75TH ANNIVERSARY**

Saturday & Sunday 14th & 15th February 2026  
Eureka Hall, 119 Stawell St Stn

AA Contacts: Rhys 0407 770 925, Meredith 0480 615 642  
Al-Anon Contact: Andrea B 0407 515 973

**Saturday 14th February**

**AM**  
9.30 – 9.55 Meet & Greet  
10.00 – 10.55 Large Hall – ID Meeting  
Small Hall – Al-Anon  
11.00 – 11.25 Morning Tea  
11.30 – 12.55 Large Hall – Combined Al-Anon / AA Oldtimers Meeting

**PM**  
1.00 – 1.55 BBQ Lunch  
2.00 – 3.25 Large Hall – Step Recovery Meeting  
Small Hall – Al-Anon Meeting  
3.25 Sobriety Count Down  
3.30 – 4.00 Afternoon Tea  
7.00 Fellowship Trivia Night  
BYO Snacks

**Sunday 15th February**

**AM**  
9.30 – 9.55 Meet & Greet  
10.00 – 11.30 Spiritual Concept Meeting  
11.45 onwards Lunch and Farewell

**Meetings Starting From 10 AM**  
Morning Tea  
BBQ Lunch  
Afternoon Tea  
Tea and Coffee  
Lunch/entry \$10

*Please join us for the*  
**WOORI YALLOCK**  
Christmas Eve Meeting  
Wednesday 24<sup>th</sup> December  
Presbyterian Church  
1363 Healesville – Koo Wee Rup Rd.  
Woori Yallock  
Doors open at 6.30pm for festive food and fellowship  
Meeting commences at 7.30pm  
*All Welcome!!*



**Frankston Thursday Night AFG  
62nd Anniversary**

Speaker Meeting celebrating  
'Spiritual Joy'

**Thursday 18 December 2025**

**Meeting from 7.30 – 9.00pm**  
followed by supper

Uniting Church 'Blue Room'  
16 High Street, Frankston

*Please bring a plate of food to share  
over a cuppa after the meeting.*

CONTACT: Sam 0421 566 914



**\* SPRING SPECIAL \* SPRING SPECIAL \* SPRING SPECIAL \***

Only **\$26** while stocks last...an incredible saving of over **\$24!!!**



Many Voices, One Journey  
AL-ANON Family Groups

ALATEEN  
Just for Today  
and Every Day  
and All the Days in Between

Opening Our Hearts  
Transforming Our Losses

AL-ANON 2025 SPRING SPECIAL

**\$26**

B-31 *Many Voices, One Journey* & B-29  
*Opening Our Hearts*  
*Transforming Our Losses*

Plus 2 free M-81 bookmarks !



*Beat the Early Bird.  
Save and register now!*

Website. [www.aanatcon2026.com.au](http://www.aanatcon2026.com.au)

AA NATIONAL CONVENTION  
WITH  
**AL-ANON & ALATEEN**  
Participation  
2026  
1 – 4 MAY  
GOLD COAST, AUSTRALIA

*Steps to Recovery*

Members can make donations or payments directly to the fundraising for Al-Anon and Alateens participation in the 2026 Convention.

**National Convention 2026**  
BSB: 064-474  
Account Number: 1096 2350  
Reference code: ConvGC26

**AA HALLS GAP CAMP  
WITH AL-ANON PARTICIPATION**

Friday 2nd—Monday 5th January 2026

Stoney Creek Lodge  
(formerly Camp Acacia)  
63-67 Grampians Rd  
Halls Gap Vic 3381



\$160 for accommodation and amenities for the entire weekend  
BYO bedding inc pillow and food  
Advance booking & payment required by 10th Dec 2025  
Contact Melissa 0491 171 222 or Chris 0424 401 361

# What's On...

## in Al-Anon

| Date & Time                                                             | Event                                                                          | Location                                                                         | Details                                                                                                                                                                          |
|-------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Wednesday<br>3 <sup>rd</sup> December<br>6pm                            | Laverton AFG<br>3 <sup>rd</sup> Anniversary                                    | Laverton Community<br>Education Centre<br>12 Crown St.<br>Laverton               | Meeting followed by<br>fellowship, beverages and a<br>small meal to celebrate.<br>All Al-Anon members and<br>observers are welcome.                                              |
| Sunday<br>7 <sup>th</sup> December<br>6pm                               | District 6<br>Annual End of Year<br>Dinner                                     | Windy Hill Bistro<br>Essendon                                                    | Register as "Essendon<br>Friendship Club" for<br>anonymity.<br>Booking is for 30 members.<br>Pay for your meal and raffle<br>tickets on the night.                               |
| Thursday<br>18 <sup>th</sup> December<br>7.30pm                         | Frankston Thursday<br>62 <sup>nd</sup> Anniversary<br>"Spiritual Joy"          | Uniting Church<br>'Blue Room'<br>16 High St.<br>Frankston                        | Speaker meeting<br>Supper following the meeting<br>Please bring a plate to share<br>with a cuppa.<br>Contact: Sam 0421 566 914                                                   |
| Wednesday<br>24 <sup>th</sup> December<br>6.30pm                        | Woori Yallock<br>Christmas Eve<br>Meeting and<br>Fellowship                    | Presbyterian Church<br>1363 Healesville – Koo<br>Wee Rup Rd.<br>Woori Yallock    | Festive food and fellowship<br>at 6.30pm<br>Meeting at 7.30pm                                                                                                                    |
| Friday 2 <sup>nd</sup> –<br>Monday 5 <sup>th</sup><br>January 2026      | AA Halls Gap Camp<br>with Al-Anon<br>Participation                             | Stoney Creek Lodge<br>(formerly Camp Acacia)<br>63-67 Grampians Rd.<br>Halls Gap | Contacts:<br>Melissa 0491 171 222<br>Chris 0424 401 361<br>See flyer for full details                                                                                            |
| Sunday<br>18 <sup>th</sup> January<br>6pm                               | Brunswick Sunday<br>16 <sup>th</sup> Anniversary<br>Meeting                    | 5th Brunswick Scout<br>Group<br>213A Weston St.<br>Brunswick East                | Please join us in celebration<br>with food, fun, and fellowship!                                                                                                                 |
| Saturday 14 <sup>th</sup> –<br>Sunday 15 <sup>th</sup><br>February 2026 | Ballarat's 75 <sup>th</sup> AA<br>Anniversary<br>with Al-Anon<br>participation | Eureka Hall<br>119 Stawell St. South<br>Eureka                                   | <b>Please bring a plate to share<br/>for morning and afternoon<br/>tea on Saturday.</b><br>See flyer for full details and<br>program.<br>Al-Anon contact:<br>Andrea 0407 313 973 |

**Deadline for the FEBRUARY 2026 Group News is Friday 23<sup>rd</sup> January 2026**

Please email your submissions to: [groupnews@alanon-vsa.com](mailto:groupnews@alanon-vsa.com)

