

Lined writing area for sharing experience, strength, and hope.

THANK YOU for sharing your experience, strength, and hope with us.

Name*: _____

Address: _____

City: _____

State/Province: _____

Zip/Postal code: _____ Country: _____

Phone: (_____) _____ - _____

E-mail: _____

*Regardless of how you want your name to appear in *Al-Anon Faces Alcoholism*, please include your name and address so we can acknowledge your submission. Also, if your article is published, we will send you a complimentary copy of the issue in which your article appears.

____ Please use my first name, last initial, and state or province for credit

____ Please sign me "Anonymous"

****IMPORTANT — please read****

Sharings for *Al-Anon Faces Alcoholism* become property of Al-Anon Family Group Headquarters, Inc. and may be used in whole or in part in the development of Al-Anon material—**printed and/or electronic**. Sharings received after the deadline will be saved for consideration in the following year's issue or other publications. Due to the number of stories we receive, we cannot guarantee publication of any sharing at any time.

I have read and understand that my sharing may be used in print as well as on the Internet. If used, it will be signed as I indicated above.

Please photocopy this sheet and share it with others.

Please continue writing on another piece of paper.

Is there an empty chair in your meeting?

When Al-Anon members shared their stories with you,
you realized that you
could find help and understanding.

The empty chair at your meeting
is waiting for someone.

Our annual public outreach magazine, *Al-Anon Faces Alcoholism*, needs
your sharing!

What can you tell a newcomer about your path to recovery?

- What problems did you face before coming to Al-Anon?
- How did you first learn about Al-Anon Family Groups?
- What finally brought you to a meeting?
- What kept you from finding an Al-Anon meeting sooner?
- What do you know now about Al-Anon Family Groups that you wish you had known sooner?
- What helped you the most when you first began attending meetings?

**Al-Anon Faces
Alcoholism 2011**

Are you troubled by someone's drinking?
Al-Anon Family Groups can help.



Send your articles to us by January 1 by mail to
Al-Anon Family Group Headquarters, Inc.,
c/o Al-Anon Faces Alcoholism,
1600 Corporate Landing Parkway,
Virginia Beach, VA 23454-5617;
by fax to (757) 563-1655;
by e-mail to wso@al-anon.org;
or on the members Web site www.al-anon.org/members



That chair is waiting for someone
just like you who hasn't yet found
help at an Al-Anon meeting.
Your chair at the meeting was once empty—
until someone reached out to you.


Al-Anon Family Groups
Strength and hope for friends and families of problem drinkers